

Trombone

15 Min Warm Up

I. Long Tones II. Lip Slurs III. Articulation

GOAL: Prepare Lungs, Lips & Tongue for Trombone Playing

No Tempo / Relaxed Breath I. Long Tones

Repeat in All 7 Positions

Repeat in All 7 Positions

Repeat in All 7 Positions

II. Lip Slurs

♩=40-72

Quarter Notes

Eighth Notes

mf

Eighth Note Triplets

Sixteenth Notes

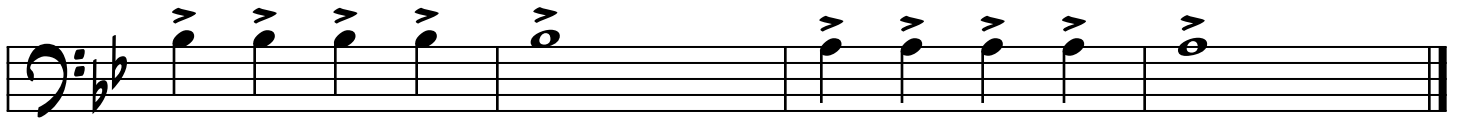
Repeat in All 7 Positions

15 Min Warmup Pg2

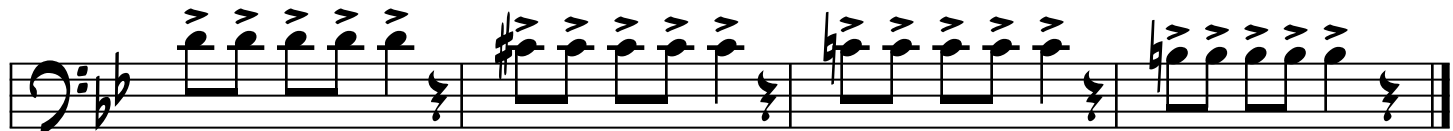
III. Articulation

No Tempo OR with Metronome

Marcato ("Ta" or "Tu" Tongue)



Repeat in All 7 Positions



Repeat in All 7 Positions

♩=60-120

Major Scales

Bb



Arpeggio (1-3-5-1)



Eb



Play all 12 or choose one to work on for a few minutes
WATCH "Major Scales" Lesson and/or Download PDF